



Gobind Sarvar's Monthly Newsletter



October 2019

Exciting News!

- We are also pleased to share with you that Gobind Sarvar School has joined the Calgary Alternative Athletic Association (CAAA), which will allow our students to enter in the league in the near future. This would allow our Division 2 students to participate in cross country meet, track and field, soccer and basketball tournaments. All our students are really looking forward to this opportunity.
- Bandi Chorr Divas (Diwali) will be celebrated in our school on Thursday, October 24. Although it will be a half day for our students as dismissal will be at 12:20pm due to teacher's workshops but the morning will be filled with different workshops and stations for all the students to participate in. This will be a great opportunity for our students to understand the importance of Sikhi in our lives and its connection through this day.
- Halloween will be celebrated at Gobind Sarvar on October 31. Students are requested to be mindful of the costumes they choose to wear as there are kindergarten students that may be scared by seeing spooky costumes. It will be a fun filled day with a competition included as well.
- 30 Day Simran Jaap will begin on October 3 every lunch recess in the meditation room, students are encouraged to attend this session every day. This Jaap will continue until November 15 to commemorate Guru Nanak Dev Ji's 550th Prakash Purab.

Upcoming Events



- **October 3-** 30 Day Simran Jaap during recess (12:20pm-1:00pm) Meditation Room
- **October 4-** Picture Day
- **October 14-** Thanksgiving Day (no school)
- **October 15-18** – Swimming Classes Division 1
- **October 18-** Grade 1 A & B field trip to Fort Calgary
- **October 23-** Field trip to Telus Spark Center Grade 2 A & B
- **October 24-** Bandi Chor Divas celebrations and half day dismissal @ 12:20pm due to Teacher's workshop
- **October 25-** PD Day (no school)
- **October 31-** Halloween celebrations

Reminders



- **SNACKS & LUNCH**
Please provide proper lunch and snacks for your child as the school will not be responsible for providing it.
- **Late Students** Please note if your child is late consecutively for more than **3 days in the week**, the parents will be notified twice before the school holds a meeting with the parents. Please make sure your child is at School no later than 8:00 am every morning.
- **Pick up & Drop-off** Please pick up & drop off your child at the back of the school. Drop off time begins at 7:45 am.
- **Weather Warning** As the weather gets colder please remember to dress your child according to the forecast.



Basket Ball Tournament's

As stated in the first page, we have been selected to be apart of the Calgary Alternative Athletic Association (CAAA). This has given Division 2 students the opportunity to play basketball against other teams at the NE Sportsplex every week on **Thursday from 12:40 pm-2 :40 pm** during school hours. Transportation will be provided by the school.



Other News:

- **Please note:** School Agendas will not be provided to the students until sometime this month, in the meantime the students will be given plastic pouches for communication purposes.
- **Core value for this month:** Gratitude

Theme of the month: Gratitude (ਸ਼ੁਕਰਾਨਾ)



Gratitude is not just an attitude we need to put on, its an awareness that arises within when we start focusing on the positivity in life, rather negativity. The moment we shift our minds towards thanking Waheguru for all that we have rather criticizing for all the unfulfilled desires, we create a positive space within our minds that further roots positive thoughts which in return will create positive actions. **Gratitude is not just about saying "thank you" rather realizing we are exactly where we need to be in life, at this moment.** It's about thanking Waheguru for all that we don't have either, as we do not require it, at this time. Gratitude is about praying for the wellness of all living things on a greater scale. By doing so, we create a positive atmosphere that allows everyone to experience the joy of peace, even if it's short lived.

Picture Day



October 4 is Picture Day!

Please make sure your child wears the full uniform. Please do not send money on this day, parents will receive a photo package that will allow them to purchase pictures at a later date.

Terry Fox Run



The Terry Fox Run was a great success and we have all of you parents to thank for. We were able to raise over our expected goal which is a big contribution for a wonderful cause.

October 2019



| Sun | Mon | Tue | Wed | Thu | Fri | |
|------------------------|---------------------------------------|--|--|---|--|----|
| | | 1 | 2 Field trip: Nature trip to Prairie winds park by KG a, b & c students | 3 30 Day Simran Jaap begins until November 15 | 4 Picture Day! | 5 |
| 6 | 7 | 8 | 9 | 10 | 11 | 12 |
| 13 | 14 Thanksgiving Day (No School) | 15 KG, Gr 1C, 2A & 2B @ village square Swimming classes | 16 | 17 | 18 Field Trip for Grade 1 A & B to Fort Calgary | 19 |
| 20 | 21 | 22 | 23 Field Trip to TELUS spark center Grade 2 A & B | 24 Bandi Chor celebration School Dismissal @ 12:20pm | 25 PD Day (No School) | 26 |
| 27 Bandi Chor Divas | 28 | 29 | 30 | 31 Halloween | | |