

# GOBIND SARVAR SCHOOL Calgary, Alberta

## 2019-2020

### FOOD POLICY



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## **FOOD POLICY**

- We encourage all of our students to eat a healthy breakfast every morning.
- All lunches and snacks should be vegetarian and nutritional (Vegetarian includes dairy, but excludes poultry, seafood, eggs, gelatin, and any other animal products).
- No sugary or processed foods please, for example: candies, juice, chips, pop(soda).
- Please be mindful of food allergies. Parents will be notified of any known allergies in the school.
- All food brought in for class events, must follow food policy and be prepared hygienically.
- **Please note that we are a “Nut Aware” school. Depending on the severity of allergies and for the safety of our students, in certain classes nuts may not allowed. Teachers will inform the parents if this becomes the case.**

